

Prayer Matthew 6:5-13 | want to dig deeper? OPC|M Devo: opcmilford.org/devo

## **RELATED SCRIPTURES**

Luke 22:41-44 | 1 Chronicles 29:10-11

## SUMMARY

The sermon gave us two ways not to pray and three ways to pray.

Read Matthew 6:5-13 aloud and list them out together as a group.

## **GROUP QUESTIONS**

- From the sermon, or your direct reading of Matthew 6:5-13, share something that surprises, encourages, or troubles you about how Jesus talks about prayer?
- The sermon laid out several key aspects of how to prayer. Which do you struggle with the most? Why do you suppose that is?
  - Prayer Key #1: Recognize God as our heavenly and holy Father
  - Prayer Key #2: Yield to God's Person and Plans.
  - Prayer Key #3: Present your needs to God.
- Jesus tells us to pray simply. Not for others' approval, or even for God's approval (as though we could somehow impress or inform him). C.S. Lewis says that in simple prayer we: "Lay before Him what is in us, not what ought to be in us." How can we apply this to the way we come to God, how we talk to God, and what we talk to God about?
- If there's one thing Jesus would want you to walk away believing and receiving as a result of these portions of Scripture, what is that thing?

## PRAY

- Spend some time together in prayer. Ask God to teach you all how to pray and simply spend time with him laying before Him lift what is in you, not what ought to be in your heart. Bring the scripture and themes that occurred to you during the discussion into your time in prayer.