



**REVIEW**

**WATCH** <https://youtu.be/NpygAr3P76A>

**READ** Matthew 16:13-23; Galatians 3:13; Mark 10:45

**ASK:**

- **In what ways has your view of Jesus gotten “mechanical” or small?**
- **Jesus is the living and the dying Christ. He is the one who lived a life of perfect obedience to God the Father on our behalf and died in our place. Where is God calling you to die to yourself this week? Where is he calling you to live in “newness of life” (Romans 6)?**

**PREVIEW** Next week we will look at how Jesus is the Bread of Life. This is one of the 7 “I am” sayings of Jesus. It’s also one of the most difficult sayings of Jesus. In fact when you get to the end of your reading that’s exactly what the people following Jesus say. This is a good one to use Lectio Visio on especially because of what Peter says at the end.

**READ**

Read John 6:22-69 out loud (all but one person should keep their Bibles closed for now).

**Read slowly.** Line by line if you can. **Read as if for the first time.**

**ASK**

- **What does it say?** (In a word, in a phrase)
- **What do you see?** (picture the scene, the people. What stands out?)
- **What happens next?** Guess! (say, “I wonder...)
- **What do you hear?** (What word comes to mind after reading? Spend some time in silent prayer before answering. *Why do you think God included this here in the Story?*)
- **What do you want to do?** (as a result of what Jesus has done).

**PRAYING TOGETHER FOR THE VULNERABLE**

*“He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.” –Micah 6:8*

As a church, we want to be intentional about acting justly, loving mercy, and walking humbly with our God. As a first step, The Protect Team will provide monthly prayer guides based on Psalm 146.

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| 7 He upholds the cause of the oppressed ( <b>Nov</b> ) | the Lord loves the righteous. ( <b>Apr</b> )         |
| and gives food to the hungry. ( <b>Dec</b> )           | 9 The Lord watches over the foreigner ( <b>May</b> ) |
| The Lord sets prisoners free, ( <b>Jan</b> )           | and sustains the fatherless                          |
| 8 the Lord gives sight to the blind, ( <b>Feb</b> )    | and the widow, ( <b>June</b> )                       |
| the Lord lifts up                                      | but he frustrates                                    |
| those who are bowed down, ( <b>Mar</b> )               | the ways of the wicked. ( <b>July</b> )              |

**“...the Lord gives sight to the blind...” Psalm 146:8 (February)**

**THINK**

*For it was You who created my inward parts; You knit me together in my mother’s womb. I will praise You because I have been remarkably and wonderfully made. Your works are wonderful, and I know this very well. Psalm 139:13-14*

**Discuss:** Disability is a part of life. We are all unique and made in God's image. How can we celebrate these differences within our church, community, and world?

*Do not curse the deaf or put a stumbling block in front of the blind, but fear your God. I am the Lord.*  
Leviticus 19:14

*...invite the poor, the crippled, the lame, the blind, and you will be blessed...you will be repaid at the resurrection of the righteous.* Luke 14: 13-14

**Discuss:** As we plan for what's NEXT at OPC-M, what considerations might be important to ensure that we are welcoming people with disabilities?

### **PRAY**

- Pray for an increased understanding and awareness of people with disabilities, focusing on both their strengths and their needs.
- Pray for our church and community as we seek to create an increasingly inclusive environment for people with a broad range of needs and impacts

### **DO**

- Take a few minutes time to educate yourself and develop awareness: <https://youtu.be/fUiQM240eT0>; *This is a great video and worth the time to watch and discuss as a family. Watch with the understanding that this addresses apparent or physical disabilities that you can see. The majority of disabilities are hidden and cannot always be seen.*
- Participate in a random act of kindness for someone with a disability or a caregiver.
- *Do you have gifts or talents within this area? Feeling called? Connect with Kelly Astwood* to get involved in some exciting efforts we are moving forward on in supporting people with disabilities within OPC|M. More to come!

# LECTIO VISIO

Christians believe in God's Word and take him at his Word. Yet 21st century Christians have a difficult time seeing God's Word the same way God's people have for centuries: **visually**. That's what this method of Scripture reading is designed to do: help you see the text.

## 3 INGREDIENTS

3 candles, or a 3 wick candle

1 Passage (preferably narrative, 5-10 verses)

12 or fewer people (Christians or non-Christians)

## 10 COMMANDMENTS OF LECTIO VISIO

1. No prep! (Lead by asking)
2. Pray simple prayers (tsp prayers: Thank you, Sorry, Please)
3. Shut your Bibles (yup, you read that correctly. Don't worry.)
4. Open your eyes (senses) and picture the scene. Try to get down in the dust of the story.
5. Direct the Film (you as the leader help the biblical scene come alive for those you're studying with)
6. No peeking ahead (1 verse at a time)
7. No rabbit trails (stick to what the text says, not "I feels")
8. Keep telling the story (instead of explaining, WONDER)
9. Keep silence
10. Lead by asking the 5Qs
11. Repeat #2 TSP.

## THE 5 QUESTIONS

1. What did it say?
2. What do you see?
3. What happens next? (Guess)
4. What do you hear? (Then/Now)
5. What do you want to do?

## A COUPLE EXTRA TIPS FOR LEADERS

**Mirror the group.** Repeat back what is said and direct them back to the story if things get off track.

**Lead Strong.** God is actually the one leading the discussion by his Word. Take courage. Have fun. Encourage a bit of playfulness.

**Take Notes Here (how did it go? what applications did people give that you can follow up on next week?)**