

# GUIDE FOR HOME WORSHIP 05/17

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Worship is an essential part of the Christian life. Here are **a few tips** for participating at home:

- **Push through the awkward.** Worshiping this way gets more comfortable with time.
- **Take turns leading** different sections below (Call to worship, prayer, benediction).
- **Take heart!** (if you have small children). They might not make it through the entire service and that's okay! They may need to have **a break to get some wiggles out.** You can also use the kids resources posted at: [opcilford.org/kidsresources/](http://opcilford.org/kidsresources/)

## CALL TO WORSHIP

**Read aloud before clicking play on the musical worship:**

*Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honor depend on God; he is my mighty rock, my refuge. Trust in him at all times, O people; pour out your hearts to him, for God is our refuge. Psalm 62:5-8*

## PRAYER

**Dear heavenly Father,** it's not about "mind over matter," or the power of positive thinking, or the pragmatic good of cognitive therapy. It's all about preaching the gospel to ourselves every opportunity we get, for only the gospel is the power of God for our salvation, from beginning to end. From the moment you justified us in Christ until the day you will glorify us by Christ, **we need the grand supply and great truths of the gospel of your grace.**

**Indeed, our souls find rest in you alone,** loving Father, for you have given us everything we need for life and godliness in Jesus, everything. Jesus is the end of our restlessness about a relationship with you; for he is our complete forgiveness and our eternal righteousness. Our salvation and honor depend on what Jesus has done for us, not on what we do for you. Continue to free us from the fear of not doing enough to please you and the arrogance of thinking we could ever do enough to earn your favor.

**And continue to free us from giving the power of salvation to our circumstances.** It's great when people we love make wise choices and it hurts tremendously when they don't. It's wonderful when we enjoy good health and minimal suffering, and it's often incredibly costly and disruptive when we don't. It's a really good thing when we have adequate finances to take care of life's needs, and even a little extra with which to enjoy creature comforts. But Father, help us to really believe that all we need in life is Jesus plus what you choose to give us. That you love us and that you are in control of all things is enough to know theologically; make it enough for us to know experientially. You are our rock, our fortress and our refuge.

**Because the gospel is true**, we do trust you, Father. **And because the gospel is good**, we enjoy incredible freedom to pour out our hearts to you—when we are sad, mad, confused, afraid, or whatever; for our hope comes from you and you alone. **There is no other refuge as welcoming, loving or sufficient as you, Father, none.** May your Spirit whisper and shout this good news to our hearts all day long. We pray with joy and longing, in Jesus' name.

## STREAM THE SERVICE

### BENEDICTION

Read aloud together: Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen. Jude 24-25

# NOTES FOR THE SERMON

## *Psalm 62: Trust Songs*

**Declaration:** God is my only source of \_\_\_\_\_ (Psalm 62:1-2)

**Assessment:** Life seems ONLY full of \_\_\_\_\_. (Psalm 62:3-4)

**Admonition:** I can rest ONLY in \_\_\_\_\_. (Psalm 62:5-8)

**Warning:** Mankind's solutions are ONLY a \_\_\_\_\_. (Psalm 62:9-10)

## Blessing Comes Only from God's Unfailing Love (Psalm 62:11-12)

# DISCUSSION GUIDE

(to be used in community with others)

**Tips:** Talk through these questions over some food and take joy together in the truths and promises you've heard today in God's Word, in song, and as you discuss together.

### COMMUNION WITH GOD

- What is one truth about God that you are clinging to right now from the sermon or from your personal devotional time?
- What is one act of obedience the Holy Spirit is calling you towards this week?
- What is your one prayer request for personal renewal?

### COMMUNITY WITH GOD'S PEOPLE

- What is one burden you want to share with us that you need help shouldering?
- What is one burden you are currently shouldering for others that we can assist you with?
- What is one blessing you want to share with us that we can help you celebrate?

### COMMISSIONED TO GOD'S WORLD

- Who is one neighbor that you are caring for right now?

#### ▶ GET STARTED

- Pray together for God to lead your conversation by His Word and Spirit.

#### ▶ READ

- Read Psalm 62 as a group. Consider it in light of the Gospel.

#### ▶ ASK

- What **words** does Psalm 62 use to describe God?
- **Read the psalm one more time.** How does finding your rest in Jesus free you from giving power to your circumstances?
- How might God have you respond to Psalm 62 this week? When might you need to preach this gospel truth to yourself this week?