

LIFE INVENTORY

A TOOL TO HELP YOU CELEBRATE WHAT IS,
GRIEVE WHAT WAS, AND LOOK FOR WHAT COULD BE.

JENNIEALLEN.COM

A Note from Jennie

Hi friend,

It feels impossible to dream big dreams in the midst of so much uncertainty and pain. How do we live out the next few months when the world around us changes by the minute? There is a real grief right now that we are all experiencing.

This pandemic has changed almost every part of life, but our mission hasn't changed. We just get to dream with new parameters! Whatever our world holds in the coming days, the Church should lead the way in issuing hope and imagining a way forward.

We grieve what was.
We celebrate what is.
And we dream about what could be.

2 Corinthians 4:7-10 says...

But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies.

We have what the world needs most, the hope of the Gospel! Let's use our days well.

In Faith -

Jennie

THINGS TO GRIEVE

THINGS TO CELEBRATE

SPIRITUAL

Three Questions to Consider as You Take Inventory, Process, and Look Ahead.

1. ***What was?*** What was this like before COVID?
2. ***What is?*** What is your current reality?
3. ***What could be?*** What growth or change could come as a result of this season?

ALONE TIME//CONNECT WITH GOD

CHURCH//SERVE//TITHE

OUTREACH//MINISTRY

DISCIPLESHIP//MENTORSHIP

RELATIONAL

Three Questions to Consider as You Take Inventory, Process, and Look Ahead.

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FRIENDSHIPS//FRIENDS I NEED//FRIENDS WHO NEED ME

MARRIAGE (IF APPLICABLE)

KIDS (IF APPLICABLE)

EXTENDED FAMILY//NEIGHBORS//COWORKERS

PERSONAL

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FOOD//EXERCISE//HEALTH

BOOKS TO READ

DREAMS//MEMORIES TO MAKE

WORK

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FINANCES

PERSONAL GROWTH//EDUCATION

PROJECTS

CONVERSATION CARDS

What area of your life do you see the most growth in the past year? Be specific.

How can you have more fun even within limitations?

What would it look like to be generous towards others?

What has been lost in this season?

How can you stay connected to your local church in this season?

What do you want to learn more about right now?

What are you hoping for?

How can other people better support and encourage you?

SO WE'RE NOT GIVING UP. HOW COULD WE!
EVEN THOUGH ON THE OUTSIDE IT OFTEN
LOOKS LIKE THINGS ARE FALLING APART ON
US, ON THE INSIDE, WHERE GOD IS MAKING
NEW LIFE, NOT A DAY GOES BY WITHOUT HIS
UNFOLDING GRACE. THESE HARD TIMES ARE
SMALL POTATOES COMPARED TO THE
COMING GOOD TIMES, THE LAVISH
CELEBRATION PREPARED FOR US. THERE'S
FAR MORE HERE THAN MEETS THE EYE.
THE THINGS WE SEE NOW ARE HERE TODAY,
GONE TOMORROW. BUT THE THINGS WE
CANNOT SEE NOW WILL LAST FOREVER.

2 Corinthians 4:16-18 MSG

MADE FOR THIS PODCAST

Conversation Guide

LISTEN TO SEASON 6 OF THE PODCAST & PROCESS
THE EPISODE TOPICS WITH YOUR PEOPLE.

ASHAMED

How are you hiding yourself from others?
What are your God-given gifts and talents, and how are you using them?
When does shame creep in? Talk about those moments.

DOUBTING

What has caused doubt to rise up in you? Talk about it.
Describe a time or event when you knew God was moving in your life. When has He been most real?
What is one next step you can take toward believing God?

COPING

Describe how much control you actually have over your life.
What does a life of freedom through Jesus Christ look like to you now?
Talk through a specific moment of coping this week. Where did it begin and what steps did you take?

HOPELESS

How have you specifically fallen into hopelessness in this season?
Talk about heaven and hope. How has your perspective on these things been shaped?
In what area of your life have you felt most hopeless in this season?

ANGRY

How is anger influencing your life?
What are some triggers to your anger?
What is one next step you can take toward peace? Talk about it.

TO FIND THE EPISODES, GO TO JENNIEALLEN.COM/PODCAST.

MADE FOR THIS PODCAST

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LISTEN TO SEASON 6 OF THE PODCAST & PROCESS
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BITTER

How does bitterness affect you?
Are there any relationships you need to mend that have been impacted by your bitterness?
What would it look like to truly forgive? Talk about it.

LONELY

Describe how your life stage contributes to feeling lonely.
What could happen if you open up about your hard emotions?
What is one next step you can take towards others this week?

OBSESSIVE

What do you love more than God?
How do you trust in the Spirit for change rather than in yourself?
What would it look like to shift your passions to the things of God?

INDIFFERENT

What is God asking you to do that you have been ignoring?
In what area of your life do you see the most indifference? Why?
What could happen if you stepped out in faith?

FRAGILE

What does it look like to abide in Christ?
What thing(s) make you feel the most overwhelmed?
How might someone else describe the gifts in your life and the things you have to be grateful for?

TO FIND THE EPISODES, GO TO [JENNIEALLEN.COM/PODCAST](https://jennieallen.com/podcast).