

IN STEP THE POWER OF WALKING WITH GOD

Gentleness
September 5, 2021

RECEIVE GENTLENESS FROM GOD

Matthew 11:28-30 *“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*

- STEP UP: Have you received God’s Gentleness? If yes, how does this make you feel? If not, what’s stopping you?

EXTEND GENTLENESS TOWARD OTHERS

- Gentleness has the power to prevent conflict.

Proverbs 15:1 *A gentle answer turns away wrath, but a harsh word stirs up anger.*

- Gentleness has the power to heal conflict.

Galatians 6:1 *Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted.*

Matthew 18

- Gentleness has the power to advance the Gospel.

1 Peter 3:15 *But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect...*

- STEP OUT: How can I bring gentleness into every interaction this week?

EXPERIENCE GENTLENESS FOR MYSELF

Mark 2:23-27 *One Sabbath day as Jesus was walking through some grainfields, his disciples began breaking off heads of grain to eat. But the Pharisees said to Jesus, “Look, why are they breaking the law by harvesting grain on the Sabbath?” Jesus said to them, “Haven’t you ever read in the Scriptures what David did when he and his companions were hungry? He went into the house of God (during the days when Abiathar was high priest) and broke the law by eating the sacred loaves of bread that only the priests are allowed to eat. He also gave some to his companions.” Then Jesus said to them, “The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath. So the Son of Man is Lord, even over the Sabbath!”*

- STEP IN: This week, how am I going to rest in Jesus’ love for me?

Matthew 11:28 (MSG) *“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”*

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