



MONTHLY OVERVIEW

GOD VIEW:

THE CONNECTION BETWEEN SELF-CONTROL AND GOD’S CHARACTER, AS SHOWN THROUGH GOD’S BIG STORY

We trust God no matter what. Even when we face unexpected circumstances, we can respond to them with self-control. We can trust that we don’t need to rush in or take matters into our own hands. We can trust that God is working.

Self-control is a Fruit of the Spirit. As we follow Jesus throughout our lives, the Holy Spirit transforms us and helps us live more like Jesus. We can follow His example and choose to do what we should do—instead of what we want to do. The Holy Spirit can give us the power and wisdom to show self-control.

WEEK ONE

BIBLE STORY

Jesus Is Tempted in the Desert
Luke 4:1-13
(Supporting: Matthew 4:1-11)

BOTTOM LINE

Be ready to do the right thing.

WEEK TWO

BIBLE STORY

Broken-Down Walls
Proverbs 25:28

BOTTOM LINE

When you lose control, it can cause trouble.

WEEK THREE

BIBLE STORY

David Spares Saul’s Life
1 Samuel 24

BOTTOM LINE

Don’t be controlled by your anger.

WEEK FOUR

BIBLE STORY

Choose Your Words Carefully
Proverbs 12:18

BOTTOM LINE

Think before you speak.

WEEK FIVE

BIBLE STORY

Too Much of a Good Thing
Proverbs 25:16

BOTTOM LINE

Know when to stop.

MEMORY VERSE

“GOD’S POWER HAS GIVEN US EVERYTHING WE NEED TO LEAD A GODLY LIFE.”

2 PETER 1:3A, NIRV

SELF-CONTROL

Choosing to do what you should even when you don’t want to