

pause //

reset

**WHAT WAS.
WHAT IS.
WHAT COULD BE.**

This year we want to give you time in your schedules to *Pause and Reset* as we begin a new year. We all want to live our days in wisdom, making the most of our time. And, although we can have good intentions to grow in areas of our lives, we can easily get caught up in our day to day tasks and the busyness that surrounds us; sometimes leaving God out of our plans altogether. So this year we have put together this guide to help you pause, pray and take inventory of 4 categories in your life (spiritual, relational, personal, and work). We'll ask what was, what is, and what could be as we seek to let Christ shape our schedules, priorities and goals for this year.

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil.

Ephesians 5:15-16

spiritual

**THREE QUESTIONS TO CONSIDER AS YOU TAKE
INVENTORY, PROCESS, AND LOOK AHEAD.**

- 1. What was? What was this like before this year?**
- 2. What is? What is your current reality?**
- 3. What could be? What growth or change could come?**

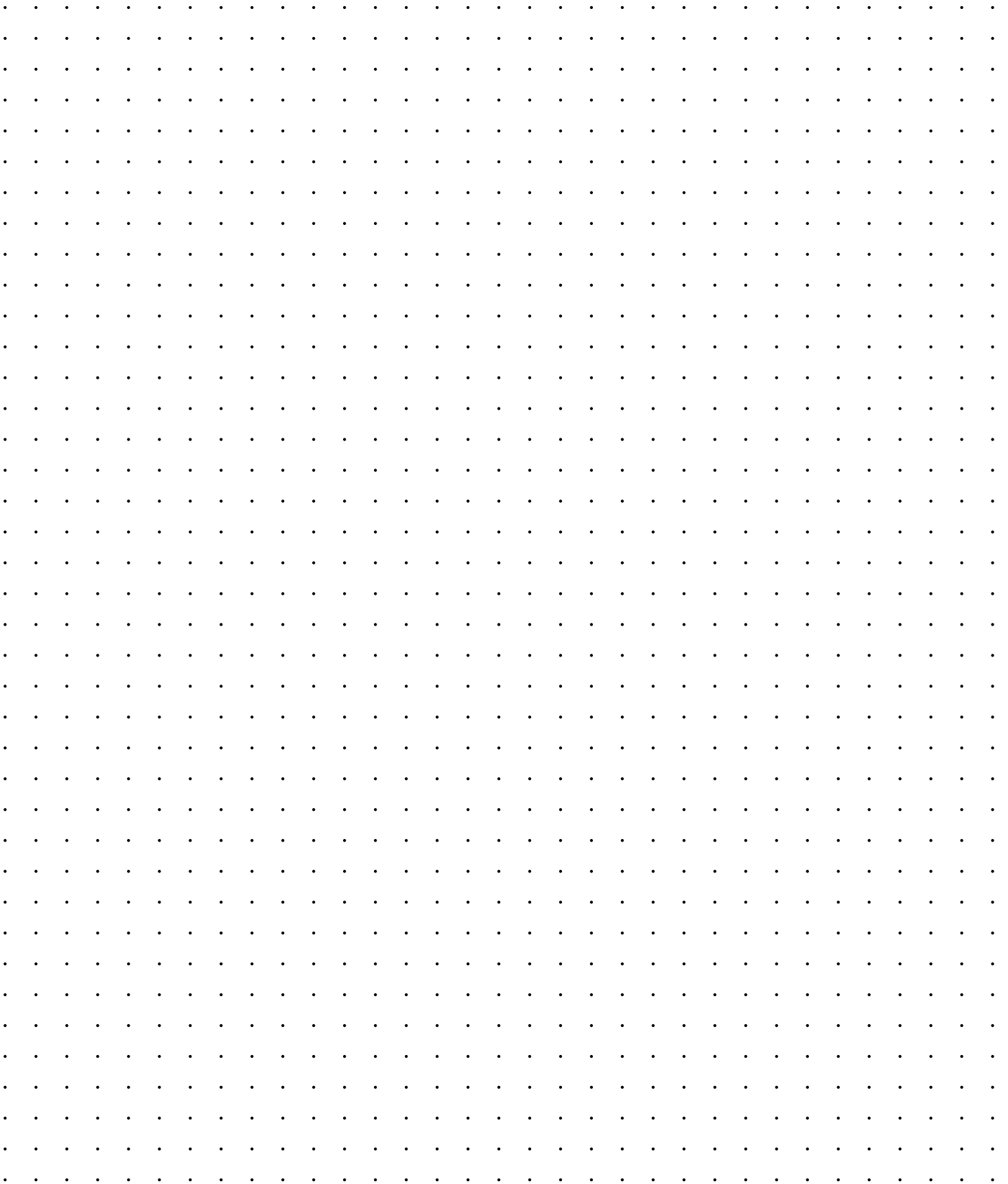
ALONE TIME // CONNECT WITH GOD

CHURCH // SERVE // TITHE

OUTREACH // MINISTRY

DISCIPLESHIP // MENTORSHIP

notes



relational

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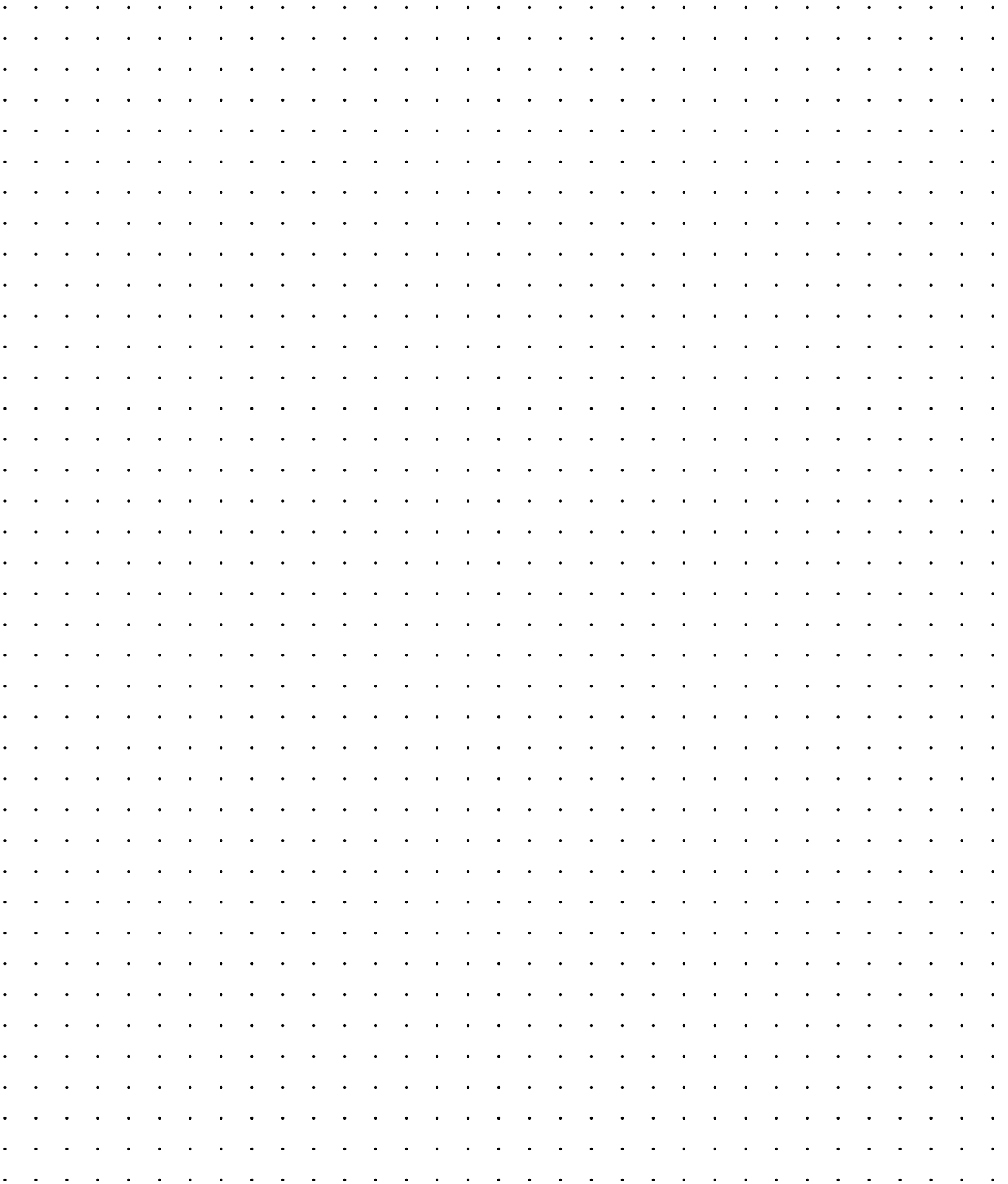
FRIENDSHIPS//FRIENDS I NEED//FRIENDS WHO NEED ME

MARRIAGE (IF APPLICABLE)

KIDS (IF APPLICABLE)

EXTENDED FAMILY//NEIGHBORS//COWORKERS

notes



personal

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INVENTORY, PROCESS, AND LOOK AHEAD.**

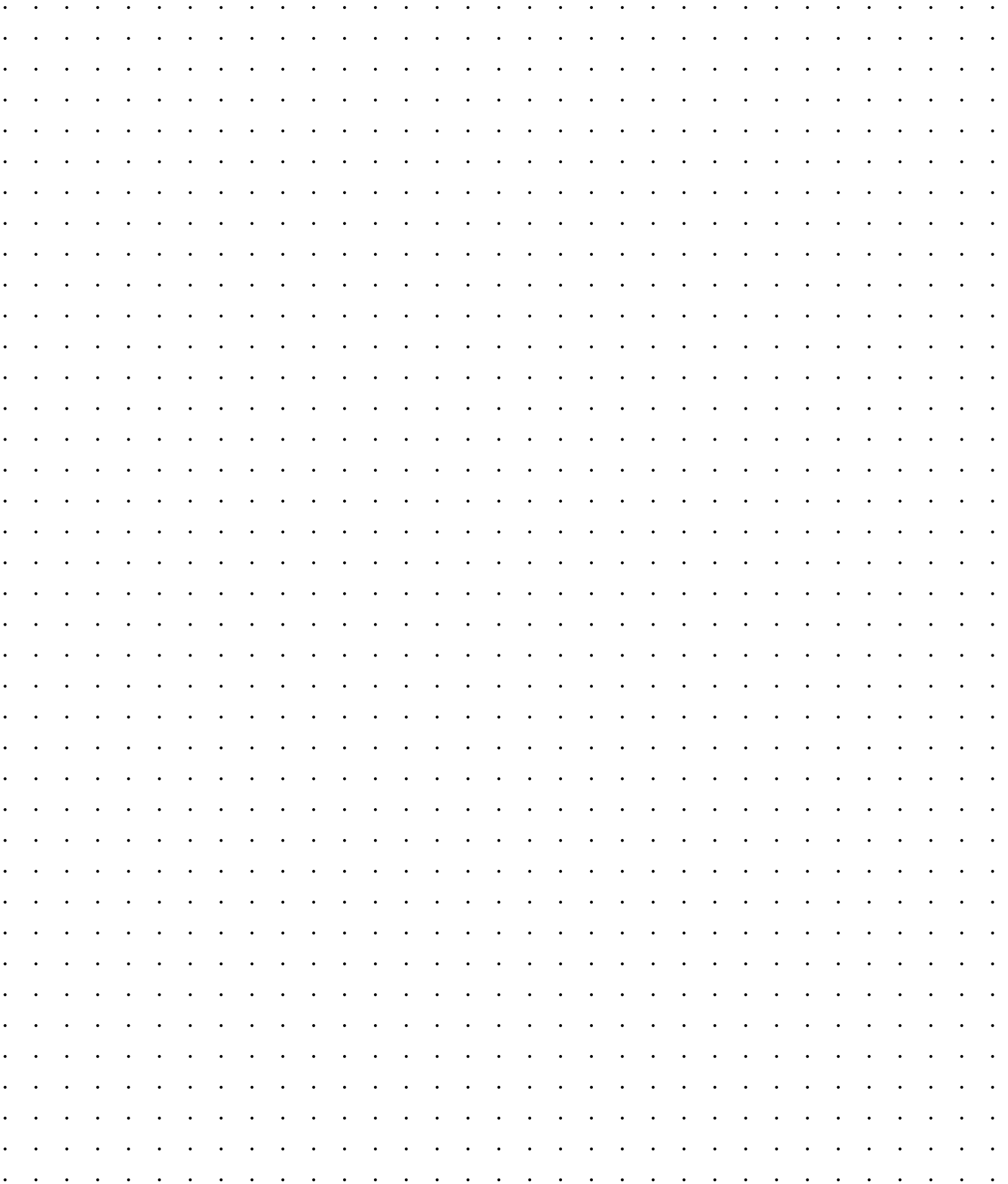
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FOOD//EXERCISE//HEALTH

BOOKS TO READ

DREAMS//MEMORIES TO MAKE

notes



work

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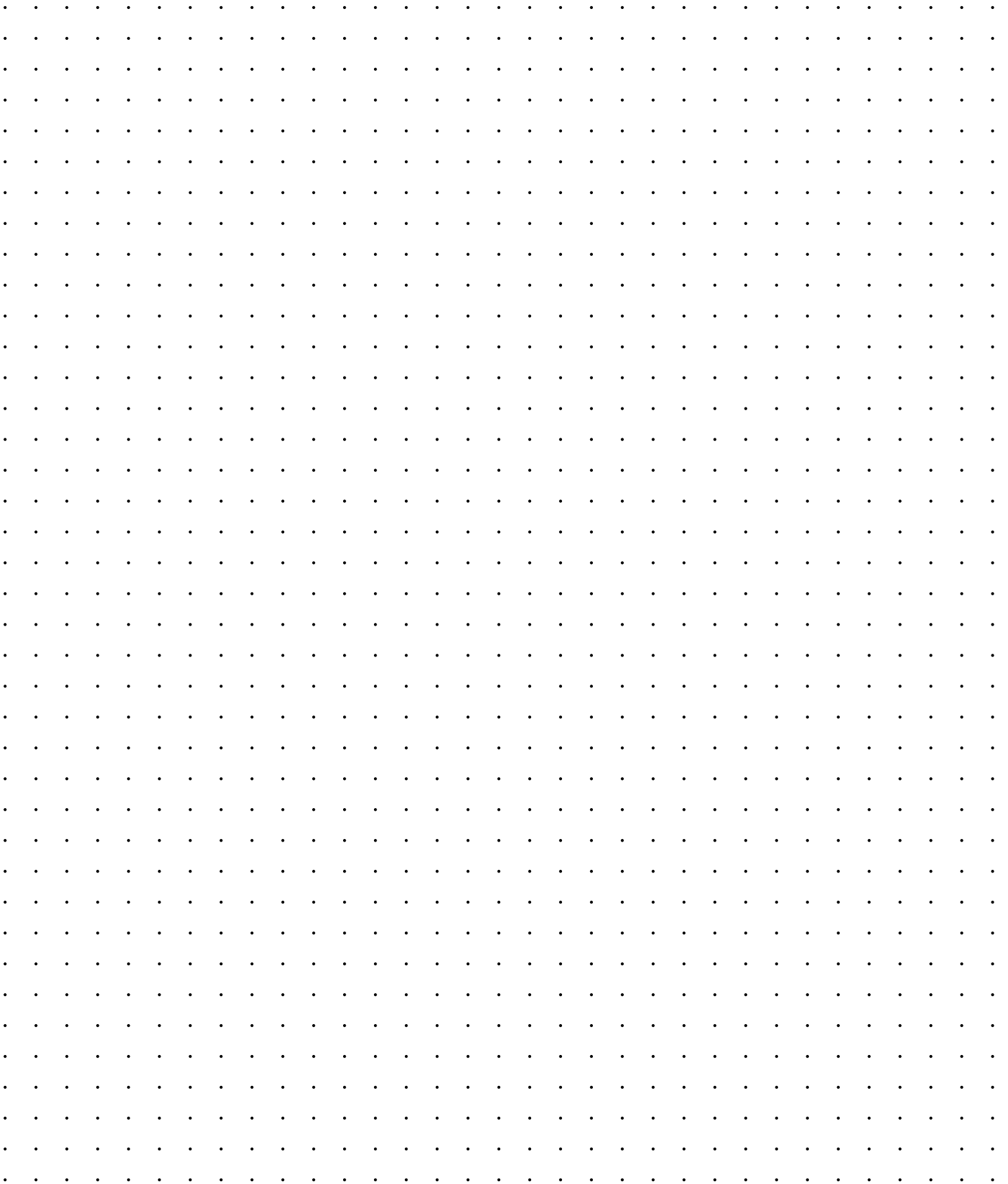
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FINANCES

PERSONAL GROWTH//EDUCATION

PROJECTS

notes



notes

