

HEBREWS

Run The Race
Hebrews 12-13 | March 30, 2025

ENCOURAGEMENT TO BEAR THROUGH SUFFERING AND TRIALS (12:1-13)

Hebrews 12:3 *Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.*

Romans 12:7-8 *Endure hardship as discipline; God is treating you as his children. For what children are not disciplined by their father. If you are not disciplined – and everyone undergoes discipline – then you are not legitimate, not true sons and daughters at all.*

WARNING AGAINST FALLING AWAY (12:14-17)

Hebrews 12:14-17 *Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord. ¹⁵ See to it that no one falls short of the grace of God and that no bitter root grows up to cause trouble and defile many. ¹⁶ See that no one is sexually immoral, or is godless like Esau, who for a single meal sold his inheritance rights as the oldest son. ¹⁷ Afterward, as you know, when he wanted to inherit this blessing, he was rejected. Even though he sought the blessing with tears, he could not change what he had done.*

MOUNTAINS OF FEAR AND JOY (12:18-27)

Hebrews 12:18-24 *You have not come to a mountain that can be touched and that is burning with fire; to darkness, gloom and storm; ¹⁹ to a trumpet blast or to such a voice speaking words that those who heard it begged that no further word be spoken to them, ²⁰ because they could not bear what was commanded: “If even an animal touches the mountain, it must be stoned to death.” ²¹ The sight was so terrifying that Moses said, “I am trembling with fear.” ²² But you have come to Mount Zion, to the city of the living God, the heavenly Jerusalem. You have come to thousands upon thousands of angels in joyful assembly, ²³ to the church of the firstborn, whose names are written in heaven. You have come to God, the Judge of all, to the spirits of the righteous made perfect, ²⁴ to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.*

HOW TO LIVE IN THIS REALITY (12:28 – 13)

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